



EQUALS
international

Required & Recommended Program Resources

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REQUIRED & RECOMMENDED RESOURCES INDEX

Most students are expected to purchase essential texts and equipment relating to their program or course. Students should understand that without the required resources, they are disadvantaging themselves and compromising their quality of learning.

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GENERAL EQUIPMENT & RESOURCES

Technology Requirements for all Students

All students are required to have reliable and ongoing access to a computer, internet and printing facilities. Students must also have access to a word processor that can view and edit word and PowerPoint files.

Computing and Printing Facilities

Students have access to computing and printing facilities in the quiet study and computing lounge areas and may book the use of multi-media equipment for preparation of assignments and presentations.

For information and bookings please contact Student Services at 81 10 1200 or email your request to studentservices@equals.edu.au.

EQUALS Library

The EQUALS Library can provide Students with a range of useful books, videos, DVDs and journals in both print and/or electronic format.

Students may borrow resources using their valid Student ID card or other identification.

For details on the Library collection, please refer to <http://www.equals.edu.au/library/> page. Library support requests should be made to Student Services at studentservices@equals.com.au.

UNISA Library

Students who are interested in becoming a member of the University of South Australia Library should contact [UniSA](#) for more details.

Student/Community borrowers will have access to:

- main collection
- select electronic resources and the internet using guest access PCs
- print journals (in-library use only)
- photocopiers and scanners

AYURVEDA PROGRAMS

Students are expected to have the following resources at the beginning of their programs:

Placement Resources

PROFESSIONAL PRACTICE REQUIREMENTS

Therapist Apron - \$29.00 available from Student Services

Oil Bottle (250ml) - \$4.50 available from Student Services

Approved Sesame Oil

2 Large Bath Towels

2 Hand Towels

Required Resource List

All **Ayurveda students** are required to purchase the following resources prior to program commencement:

Diploma

Required:

- Lad V, 2002, Text Book of Ayurveda – Vol 1 & 2, 1st Edition, The Ayurveda Press, Albuquerque

Recommended:

- Text Book of Ayurveda, Vol 3, Ed 1, Lad. V, The Ayurvedic Press, Albuquerque, New Mexico
- Ayurveda The Science of Self-Healing, Ed 1, 1990, Dr Lad V, Lotus Press, USA
- Ay Ayurveda Nature's Medicine, Ed 1, 2001, Frawley. D & Ranade. S, Lotus press, USA
- Prakriti - Your Ayurvedic Constitution, Ed 2, 1998, Dr Svoboda. R, Lotus Press, USA
- Secrets of Ayurvedic Massage, Ed 1, 2000, Atreya, Lotus Press, USA
- Ayurveda and The Mind, Frawley. D, Ed 1, 2007, Lotus Press, USA.

Advanced Diploma

Required:

- Lad V, 2002, Text Book of Ayurveda – Vol 1 & 2, 1st Edition, The Ayurveda Press, Albuquerque
- Pole S, 2006, Ayurveda Medicine-, 1st Edition, Elsevier, USA
- Sharma RK & Dash B, 2009, Caraka Samhita, Vol 2-6, 2nd Edition, Chaukhamba Sanskrit Series, India

Recommended:

- Sareera Kriya Vignanam (Physiology in Ayurveda), Ed 9, 2008, Dr Rao. M.R.S, Vijayawada

- Ayurveda Nature's Medicine, Ed 1, 2001, Frawley. D & Ranade. S, Lotus press, USA
- Dravyaguna Vijnana - Fundamental Principles of Pharmacotherapeutics in Ayurveda, Vol 1, Ed1, 2009, Dr Sastry. JLN, Chaukamba Orientalia, Varanasi
- Ayurveda Secrets of Healing, Ed 1, 1995, Tiwari. M, Lotus Press, USA

Where to Purchase Resources?

Students may purchase their equipment and resources by ordering through **EQUALS Reception** or by sending their order request to studentservices@equals.edu.au.

NURSING PROGRAMS

Students are expected to have the following resources at the beginning of their programs:

Required Resources: Advanced Diploma Students

Monitoring and Administration of IV Medications for the Enrolled Nurse (1st edition), by Abbott and De Vries. ISBN 9780170261517

Australian and New Zealand Fundamentals of Nursing (1st edition), De Laune, Ladner, McTier, Tollefson and Lawrence. ISBN 9780170350648

Please purchase online through Cengage [here](#).

Required Resources: Diploma Students

All Diploma of Nursing students must have all resources and texts prior to course commencement. These resources can be purchased online. **Important: Students may not be able to participate in classes if they do not bring the required resources.**

See below for full details.

Nursing Resource Kit

You can now purchase your kits from eNurse online.

You can receive a discount when purchasing this kit by entering the discount code "studentsrule" at check out

Please note the kit is in uniform colours and cannot be substituted for alternatives.

Please find the link below.

<https://www.enurse.com.au/eshop/nurses-equipment-supplies/nursing-kits-value-packs>



Required Textbooks – HLT54115

Diploma of Nursing Textbooks

These texts are available through Elsevier Health:

1. King J, Hawley R, 2014, Australian Nurses' Dictionary, 6th edition, Elsevier, China
2. Koutoukidis G, Stainton K, Hughson J, 2016, Tabblers Nursing Care Theory and Practice, 7th edition, Elsevier, China
3. Patton, K and Thibodeau G, 2013, Human Body in Health and Disease, 6th edition, Elsevier, China

Please purchase online Elsevier Health [here](#).

These textbooks are available through Cengage:

4. Broyles B, Reiss B, McKenzie 2016, Pharmacology in Nursing Australia & New Zealand 2nd Edition, Cengage, China.
5. Clarke L, Gray S, White L, Duncan G, Baumle W, 2016, Foundations for Nursing Enrolled/Division 2 Nurses, Cengage, China
6. Abbott, B and De Vries S, 2016, Monitoring and Administration of IV Medication for the Enrolled Nurse, Cengage, China
7. Tollefson J, Jelly E, Watson G and Tambree K, 2016, Essential Clinical Skills: Enrolled Nurse, 3rd Edition, Cengage, China.
8. Brotto V and Rafferty K, 2017, Clinical Dosage Calculations + Got it for Australia and New Zealand, 2nd edition, Cengage, China

Please purchase online through Cengage [here](#).

These textbooks are available through Amazon or Book Depository:

9. Barbara Bassot, *The Reflective Journal* 2nd ed. Palgrave MacMillon, UK, 2016
ISBN 9781137603487

Please purchase online through [Amazon](#) or [Book Depository](#)

Recommended Textbooks – HLT54115

10. Roussel, L., Thomas, P., Harris, J., 2018, '*Management and Leadership for Nurse Administrators*', 8th edition, ISBN 9781284148121, Australia

Please purchase online through Cengage [here](#).

Note: When considering the purchase of print or ebooks, please note that value bundle pricing is offered for print texts (reference ISBN 9780170276542). ePacks are available for individual books and include the option to add extra digital resources such as the video collection. Students are encouraged to make the best choice for their personal circumstances.

[Click here](#) for a guide on how to purchase books online through CengageBrain.

[Click here](#) for a guide on how to use your ebooks

Where to Purchase Resources?

Students must purchase their required texts and nursing kit prior to course commencement. Students may purchase resources directly from the supplier using the above links. E-Books are encouraged as an alternative to hard copy where available.

Important News from the NMBA

Students undertaking the Diploma of Nursing program, please read this important communication from the Nursing and Midwifery Board of Australia. View [here](#).

AHPRA

Visit the [AHPRA](#) website for information on Student Registration and the Graduate Registration process. Note that you can [apply for registration](#) approximately 6 weeks before graduating.

All enquiries related to AHPRA registration should be directed to AHPRA.

Journal Access

EQUALS Students have access to select Journal articles (including backfile, chapters in online books, entries in online reference works and current protocols).

Research Review Australia

10,000 medical journals are published each month and for the medical community keeping up is hard. Research Review publications make it easy, bringing the most important studies to your inbox with commentary from Australian specialists. All Research Review publications are free to receive.

<http://www.researchreview.com.au>

Directory of Open Access Journals

<http://www.doaj.org>

Joanna Briggs Institute

Students wishing to access publications or guidelines from the **Joanna Briggs** Institute should submit their requests in writing to customerservice@equals.edu.au.

Western Journal of Nursing Research

Western Journal of Nursing Research (WJN) is a peer-reviewed journal published eight times a year providing an innovative forum for nurse researchers, students and clinical practitioners to participate in ongoing scholarly debate. *WJNR* offers clinical research reports broadened by commentaries and authors' responses.

Clinical Nursing Research

Clinical Nursing Research (CNR) is a peer-reviewed quarterly journal that addresses issues of clinical research that are meaningful to practicing nurses, providing an international forum to encourage discussion among clinical practitioners, enhance clinical practice by pinpointing potential clinical applications of the latest scholarly research, and disseminate research findings of particular interest to practicing nurses.

Applied Nursing Research

Applied Nursing Research presents original, peer-reviewed research findings clearly and directly for clinical applications in all nursing specialties. Regular features include "Ask the Experts," research briefs, clinical methods, book reviews, news and announcements, and an editorial section. *Applied Nursing Research* covers such areas as pain management, patient education, discharge planning, nursing diagnosis, job stress in nursing, nursing influence on length of hospital stay, and nurse/physician collaboration.

Australian Journal of Advanced Nursing

The Australian Journal of Advanced Nursing aims to provide a vehicle for nurses to publish original research and scholarly papers about all areas of nursing. Papers will develop, enhance, or critique nursing knowledge. Access [here](#).

IMPORTANT READINGS & USEFUL INFORMATION

Compulsory Placement Documents

Please log into your Placement Module on Moodle to read important information and access downloads in preparation for your placements.

Professional Placement Program (PPP) Logbook

You must have your **Professional Placement Program Logbook** with you at all times when on placement. Your PPP Logbook is available for download from the Moodle Placement module.

Clinical Placement Orientation Information Kit

It is a requirement of the Department of Health that all Students going on a compulsory clinical placement/ELA in a SA Department of Health facility complete the essentials section of the **Nursing and Midwifery Student Clinical Placement Orientation package** before they start their placement and sign the compulsory checklist and provide the checklist to the education provider. Download the document by visiting [here](#).

SA Health Immunisation Information

[Click here](#).

Nursing & Midwifery South Australia

http://www.nursingsa.com/nursing_enrolled.php

Australian Nursing & Midwifery Council (Links)

[Code of Professional Conduct for Nurses in Australia](#)

[Code of Ethics for Nurses in Australia](#)

[Continuing Competence Framework](#)

[Principles for Dealing with Professional Conduct Issues for Nurses and Midwives](#)

ANMAC Position Statements & Guidelines

[Position statement on the inclusion of ATSI health and cultural issues in courses leading to registration or enrolment.](#)

Nursing & Midwifery Board of Australia (Links)

[NMBA Website](#)

[Continuing Professional Development Registration Standard](#)

[Communiqués from the NMBA](#) - The Board regularly publishes Communiqués, which summarise important issues discussed at Board meetings and the decisions made.

Continuing Competence

[Demonstrating Continuing Competence](#) (a PowerPoint presentation by Christine Ashley, FRCNA, previously Research and Policy Advisor, Australian Nursing and Midwifery Council)

National Health & Medical Research Council

The National Health and Medical research Council (NHMRC) is Australia's leading expert body promoting the development and maintenance of public and individual health standards.

NHMRC brings together within a single national organisation the functions of research funding and development of advice. One of its strengths is that it draws upon the resources of all components of the health system, including governments, medical practitioners, nurses and allied health professionals, researchers, teaching and research institutions, public and private program managers, service administrators, community health organisations, social health researchers and consumers.

The NHMRC regularly publishes guidelines and other information which are a support to health and nursing professionals. As a health and/or nursing student, you are encouraged to use these guidelines and publications during your studies and in your professional practice.

[Guidelines & Publications](#)

[Clinical Practice Guidelines Library](#)

ENROLLED NURSING MEDICATION UPGRADE PROGRAM

Students are expected to have the following resources at the beginning of their programs:

Required Resource List

Monitoring and Administration of IV Medications for the Enrolled Nurse, Belynda, Abbott & Susan M De Vries, 2016, ISBN: 9780170261517

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

CERTIFICATE III IN INDIVIDUAL SUPPORT

Recommended Resource List

Croft, H., Croft, S., 2017, 'The Australian Carer: a training manual for aged care workers', 4th edition, Cengage

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

CERTIFICATE IV IN AGEING

Recommended Resource List

Croft, H., 2016, 'The Experienced Carer: Frontline leaders in Australia's aged care workplaces', 2nd edition, Cengage

Available for purchase as an e-text through cengage.com.au or in hard copy at other online bookseller.

PATHOLOGY PROGRAM

Students are expected to have the following resources at the beginning of their programs:

Hoeltke, Lynn B. – 2018, The Complete Textbook of Phlebotomy, 5th Edition, ISBN10: 1-337-28424-6, ISBN13: 978-1-337-28424-0

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

For a limited time, students can also be able to include the discount couple JAZZ at checkout for a discount.

HEALTH SERVICES ASSISTING (HSA)

Students are expected to have the following resources at the beginning of their programs:

HSA students will receive a Student Guide for some or all units as part of their course resources.

Additionally, it is a requirement that students purchase the following text:

Health Services Assistance: Supporting Nursing in Acute Care, 1st Edition

ISBN-10: 017038702X

ISBN-13: 9780170387026

Author/s: Kathryn Austin, Geoff Arnott

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

COMMUNITY SERVICES, MENTAL HEALTH & COUNSELLING PROGRAMS

Students are expected to have the following resources at the beginning of their programs:

All **Community Services and Mental Health** students will receive a Student Guide for some or all units as part of their course resources.

Additionally, it is a requirement that students purchase the following texts:

Management of Human Service Programs 5th edition

ISBN-10: 084003427X

ISBN-13: 9780840034274

Author/s: Judith A. Lewis, Thomas R. Packard, Michael D. Lewis

Fundamentals of Case Management Practice: Skills for the Human Services, 5th Edition

ISBN-10: 130509476X

ISBN-13: 9781305094765

Author/s: Nancy Summers

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

BUSINESS AND HOSPITALITY PROGRAMS

Students are expected to have the following resources at the beginning of their programs:

Business and Hospitality students will receive a Student Guide for some or all units as part of their course resources.

Additionally, it is a requirement that students purchase the following text:

Management Theory and Practice, 6th edition

ISBN 9780170354059

Author/s : Kris Cole

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

GRADUATE DIPLOMA OF LEADERSHIP & MANAGEMENT

Students are expected to have the following resources at the beginning of their programs:

Where required, **Graduate Diploma of Leadership and Management** students will receive a Student Guide for some or all units as part of their course resources. Most unit resources are available online.

Additionally, it is a requirement that students purchase the following text:

Leadership: Second Asia Pacific Edition

ISBN 9780170227506, 2nd Edition

Author/s: Andrew J DuBrin, Carol Dalglish & Peter Miller

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

DENTAL ASSISTING

Students are expected to have the following resources at the beginning of their programs:

Recommended Resources:

Halstead, J., 2017, '*Dental assisting: a comprehensive approach*', 5th edition

Phinney, D., Hlstead, J., 2013, '*Dental assisting instrument guide*', 2nd edition

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

REMEDIAL MASSAGE PROGRAM

Students are expected to have the following resources at the beginning of their programs:

Placement Resources

Therapist Apron - \$29.00 – This can be purchased through Student Services

Oil Bottle

Massage Oil – Please bring along your own oil (due to sensitive skin issues)

2 x Long towels (for hygiene reasons)

Required Resource List

All **Remedial Massage students** are required to purchase the following resources prior to program commencement:

- (1) Sandra Grace & Mark Deal, *Textbook of Remedial Massage* 1st ed. (Sydney, 2012). ISBN: 9780729539692
- (2) Joseph E. Muscolino, *Musculoskeletal Anatomy Coloring Book* 2nd ed. (St Louis, 2009)
ISBN: 9780323057219
- (3) Lisa Casanella and David Stelfox, *Foundations of Massage* 3rd ed, UK, 2009.
ISBN : 9780729538695

Available for purchase from <http://www.elsevierhealth.com.au>.

Recommended Resource List

- (1) Joseph E. Muscolino, *Musculoskeletal Anatomy Coloring Book* 2nd ed. (St Louis, 2009)
ISBN: 9780323057219
- (2) Mel Cash, *Advanced Remedial Massage and Soft Tissue Therapy*, 2012, Ebury Press, UK

Available for purchase from [Amazon](#) or [Book Depository](#)

EARLY CHILDHOOD EDUCATION & CARE PROGRAMS

Students are expected to have the following resources at the beginning of their programs:

Frameworks for Learning & Development (4th Edition) by Kearns, 2017.

Available for purchase as an e-text through cengage.com.au or in hard copy at other online booksellers.

Recommended Resource List

Programming and Planning in Early Childhood Settings with Student Resource Access 12 Months (5th Edition) by Arthur, Beecher, Death, Dockett and Farmer, ISBN 9780170195218.

Developmental Profiles: Pre-Birth through Adolescence, (7th Edition) by Marotz & Allen, ISBN 9781111830953.

Learning through Play: For Babies, Toddlers & Young Children (2nd Edition) by Bruce, 2012.

Early Childhood Education (4th Edition) by Bruce, 2011.

Cultivating Creativity: For Babies, Toddlers & Young Children (2nd Edition) by Bruce, 2012.

Emerging: Child Development in the First Three Years (2nd Edition) by Nixon & Gould, 2000.

The following information is a helpful collection of further resources which relate to Early Childhood Education & Care students. These resources are designed to provide essential and recommended reading and general information for EQUALS Early Childhood Education & Care students.

Students may purchase the required resources by sourcing them from suitable retailers.

IMPORTANT READINGS & USEFUL INFORMATION

[CYBER SAFETY](#)

[INDICATORS OF ABUSE](#)

[WHO ABUSES CHILDREN](#)

[THE ECONOMIC COST OF CHILD ABUSE & NEGLECT](#)

[PROTECTIVE PRACTICES FOR STAFF](#)

The Australian Children's Education and Care Quality Authority

ACECQA is an independent statutory authority. They provide national leadership in promoting quality and continuous improvement in early childhood education and care and school age care in Australia.

The website provides critical information on issues. There is a wide body of evidence showing that children's education and care affects a child's health, wellbeing and competence throughout their lives. The early years are critical in laying the foundation for children's achievement in schooling and into adulthood.

The ACECQA website offers a variety of research and discussion papers relating to the value of high quality children's education and care, including details on the National Quality Framework and Learning Frameworks.

The Early Years Framework

Belonging, Being and Becoming: The Early Years Learning Framework (EYLF) describes the principles, practice and outcomes essential to support and enhance young children's learning from birth to five years of age, as well as their transition to school. The EYLF has a strong emphasis on play-based learning and recognises the importance of communication and language (including early literacy and numeracy) and social and emotional development.

Early Childhood Australia

Early Childhood Australia advocates to ensure quality, social justice and equity in all issues relating to the education and care of children from birth to eight years.

UNICEF Research Centre

The UNICEF Research Centre is dedicated to evidence, policy & children's rights.

My Child

Providing Information for Families, Carers and Child Care professionals.

Family Day Care Australia

Family Day Care Australia is a national peak body which supports, enhances and resources family day care services.

Raising Children Network

An Australian parenting website full of resources, links and useful information.

Department of Education & Child Development

This South Australian Department aims to support every family so all young South Australians from 0-18 years of age have the opportunity to become happy, healthy and safe members of our community.

Department for Communities & Social Inclusion

The South Australia Department of Communities and Social Inclusion (DCSI) includes Housing SA; Community and Home Support SA (including Disability Services and Domiciliary Care); Office for Women; Office for Youth; Office for Volunteers; Multicultural SA and Youth Justice and Social Inclusion.

Response Ability

Response Ability is an initiative of the Australian Government Department of Health and Ageing. It aims to promote the social and emotional wellbeing, or mental health, of children and young people.

The Response Ability team supports the pre-service training of school teachers and early childhood staff, regarding mental health issues in children and young people, and provides free access to evidence based practice information.

Foundations Journal / Magazine

Early childhood is a critical window for people's social and emotional development and this has important implications for health and learning outcomes later in life.

Resilience and mental health can be promoted by establishing positive relationships and environments in early childhood and by responding to the needs of children and families who face particular challenges. Children's services staff play an important role in supporting children's development and wellbeing.

Hunter Institute of Mental Health

The Hunter Institute of Mental Health is internationally recognised for their achievements in delivering programs for the promotion of mental health and wellbeing, and the prevention of suicide.