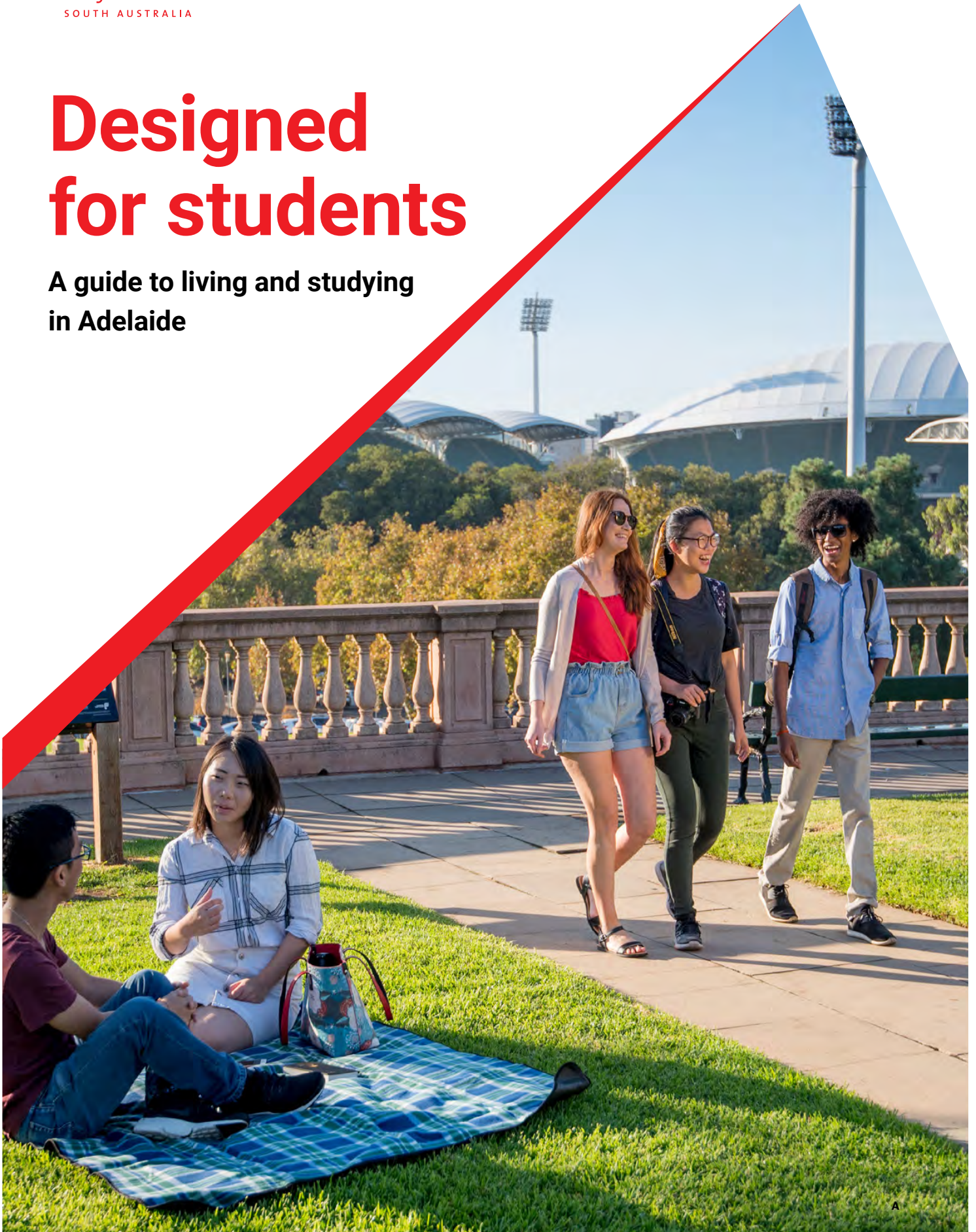




StudyADELAIDE
SOUTH AUSTRALIA

Designed for students

A guide to living and studying
in Adelaide



Welcome to Adelaide

Adelaide is a multicultural, vibrant and friendly city and a beautiful place to live. We've created this guide to help you find your way around life in Adelaide.



Settling In

Things to know about settling into your new home in Adelaide, including getting around, organising a phone, where to shop and more.



Health & Safety

Things to know about health and safety, including how to see a doctor and local hospitals.



Work

Things to know about working while you study, including getting a job, how to get paid and paying taxes.



Entertainment

Things to know about how to have fun in your spare time, including local nightlife, weekend getaways and Adelaide's best attractions.

Welcome to Adelaide.
Designed for life.

Follow us

At StudyAdelaide, we're here to help you enjoy your time living and studying in Adelaide. Make sure you follow our social media channels for the latest offers and opportunities.



We Chat



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Settling in

Things to know about settling into your new home in Adelaide.

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All about Adelaide



Founded in 1836, Adelaide is the capital city of the state of South Australia. The traditional custodians of the Adelaide region are the Kaurna people, a group of indigenous Australians.

Adelaide fast facts

- Adelaide's population is approximately 1.4 million
 - Adelaide is a multicultural city with over 130 international backgrounds represented
 - Ranked in the top ten most liveable cities in the world
 - Known as the '20-minute city' because it's so easy and quick to get from the city to the beaches or hills
 - If you live in Adelaide, you are known as an 'Adelaidean'
 - Home to the [Adelaide Fringe Festival](#), the second biggest arts festival in the world
- South Australia is more than twice the size of the United Kingdom
 - 900 hectares of [public park lands](#) surround the city
 - Popular Rundle Mall meeting places include the '[Mall's Balls](#)', the pigs having '[A Day Out](#)', the [Rundle Lantern](#) and [Beehive Corner](#)
 - At 727m, [Mount Lofty](#) is the highest point in Adelaide
 - The tram is FREE to ride between South Terrace, the [Adelaide Botanic Garden](#) and the Entertainment Centre
 - The FREE City Connector bus links Adelaide and North Adelaide
 - Glenelg is a palindrome, meaning a word that reads the same backwards and forwards



Arriving in Adelaide



Stepping off the plane into a new city can be scary. But don't worry, we're here to help you find your way.

At the airport

If you're arriving at the start of a new semester, you'll find our **StudyAdelaide welcome desk** in the international arrival gate at Adelaide Airport. Make sure you drop by to say hello and collect your welcome gift.

Getting to Adelaide from the airport

It's only 7 km from the airport to the centre of Adelaide. There are buses, taxis and ride sharing options waiting at the airport to take you to your new home. Visit the airport information desk for more information.



Climate



Adelaide enjoys four distinct seasons, with mild winters and warm, dry summers, Adelaide's climate is perfect for out door living most of the year.

Adelaide summers are hot and dry. The sun can be harsh, particularly in the middle of the day, so be sure to protect your skin with a hat and sunscreen.

Winters are cold and wet. It doesn't snow here, but you'll need an umbrella or rain jacket in the colder months.

Summer

Months: December to February
Conditions: Mainly hot and dry
Temperature: 25°C to 35°C

Autumn (Fall)

Months: March to May
Conditions: Mainly dry
Temperature: 20°C to 25°C

Winter

Months: June to August
Conditions: Cool and wet
Temperature: 10°C to 15°C

Spring

Months: September to November
Conditions: Little rain
Temperature: 20°C to 25°C



Local language



Although there is no official language, most people in Australia speak English. However, with more than 25% of Australians coming from overseas, many people speak more than one language.

Australian English, grammar and spelling generally align with British English rather than American English. The Macquarie Dictionary is the standard reference on Australian English.

Indigenous languages

There are also over 250 Indigenous Australian languages, though many have been lost or are at risk of being lost as Elders pass away. Kurna language is the language of the local Kurna people.

Aussie Slang

Australian English has a distinctive accent and many slang words unique to the local Australian lexicon.

Aussies (Australians) love to shorten words. Afternoon becomes 'arvo', and barbecue becomes 'barbie'. We even abbreviate phrases. We don't have a 'cup of tea', we have a 'cuppa'.

To help you get used to Aussie slang, here are a few words and phrases commonly used in Australia.

Word	Meaning	Example
Arvo	Afternoon	See you this arvo?
Barbie	Barbecue or BBQ	We're having a barbie, wanna come?
Bludger	A lazy person	Don't be a bludger, we all need to do the group work.
Chockers	Very full	My suitcase is chockers.
Cuppa	Cup of tea/coffee	You feel like a cuppa?
Devo	Devastated	I'm devo I missed the bus.
Early minute	Permission to leave early	The lecturer gave us an early minute!
Fair dinkum	For real, genuine, true	Are you fair dinkum?
Footy	Football	Wanna go to the footy*?
G'Day	Hello (Good day)	G'day, how are you?
Gonna	Going to	Are you gonna go to the party?
Heaps	A lot	I've got heaps of time today.
Heaps good	Something is really good	That movie was heaps good.
How're ya going?	How are you?	Hi, mate. How're ya going?
Macca's	McDonald's	Let's go to Macca's for lunch.
Mate	Friend	Hey, mate.
Reckon	To think or to agree	Do ya reckon you can help me study later?
See ya later	Goodbye	Bye, see ya later.
Sweet as	Awesome, good	Your car is sweet as.
Ta	Thank you	Ta for your chemistry notes
Trackies	Tracksuit pants	Better wear your trackies it's gonna be cold.
Uni	University	Wanna meet at uni?
Wanna	Want to	Do you wanna study together?
Ya	You	Do ya wanna go to the library?

*In South Australia, footy usually refers to Aussie Rules (AFL). In other Australian states, it may be rugby or rugby league.



So, when your friend says:

"G'day. Do ya wanna come to the footy this arvo? It's gonna be heaps good. Reckon you can get an early minute from uni and meet us at Macca's before the game? It's gonna be chockers at Adelaide Oval. You'll be devo if you miss it. Rug up in your trackies 'cause it might be cold. Afterwards, come back to my place with the mates for a barbie. Sweet as!"

You'll know exactly what they're saying.

Getting around



Adelaide is an easy city to get around. With wide, flat streets, you can walk or cycle around the city. And our extensive public transport system can get you to wherever you need to be.

Public transport

Adelaide's public transport includes buses, trains and trams and covers the entire metropolitan region.

FREE buses and trams: The [tram](#) is FREE to ride between the Entertainment Centre and South Terrace stops (you must validate your ticket beyond these stops). The [FREE City Connector](#) bus has a loop around the city and a loop that links the city with North Adelaide.

Tickets: The [metroCARD](#) is easy to use and is the best option if you're using public transport regularly. You can buy or top up your metroCARD online or at hundreds of newsagencies and other outlets around the city and suburbs. Make sure you [register your card](#) to protect your balance if it's lost or stolen.

If you're not using public transport regularly, there are [Metrotickets](#) available for one-off use.

It is important to validate your metroCARD or Metroticket each time you ride on a bus, train or tram (except the FREE ones).

Student discounts: Full-time students who study on-campus get discounted fares on public transport. To get the discount, ask for a concession metroCARD or concession Metroticket. Make sure you have your student ID with you at all times and be ready to show it if public transport inspectors ask to see it.



More information:

For more information on Adelaide's public transport, including routes, timetables and fares, visit the Adelaide Metro website www.adelaidemetro.com.au.

InfoCentre: Corner of Currie St and King William Street, Adelaide

InfoLine: 1300 311 108 (Interpreter services are available on 8226 1990)

Bicycles

Adelaide is the perfect city to explore by bike. With a network of safe bike paths and bike lanes, you can commute to your campus or enjoy cycling around the park lands. Before you ride a bike, you need to know:

- By law, you must wear a helmet when cycling
- When using bicycle lanes or shared paths, always keep left and give way to pedestrians
- All bikes must be fitted with a working bell and brakes
- Front and rear lights are needed for night riding or riding in bad weather
- You should wear bright, visible clothing so motorists can see you

Walking

Adelaide's boulevards are beautiful to walk down, but be mindful of where cars are coming from when you're crossing the road.

- Australian cars drive on the left-hand side and will approach from your right when you cross the road
- Always look both ways before crossing the road
- Obey 'walk' and 'don't' walk signals at pedestrian crossings

Taxis and ride sharing

Adelaide taxis (or cabs) are clean and convenient. You can find taxis at many taxi ranks around the city, or hail one from the kerb. You can also order a taxi by phoning the taxi company. Here are a few to consider:

- Adelaide Independent Taxis: 13 22 11
- Suburban Taxis: 13 10 08
- Yellow Cabs: 13 22 27 (13CABS)

Taxi fees are charged by the meter and are not negotiable. Taxi drivers in Australia do not expect tips.

Uber operates in Adelaide. You can access it by downloading the app on your phone.

Getting around



Driving

If you're planning on driving in Adelaide, you'll need to have a valid driver's licence, and you'll need to know the South Australian road rules.

Driver's licence

In most cases, you can use your valid driver's licence from home, but if it's not written in English, you'll need a certified English translation or an International Driving Permit from your home country. Visit the [SA Gov website](#) to find out more about how to use your overseas driver's licence in Adelaide.

If you are a permanent resident (of more than three months) or if your licence expires while you're here, you'll need to get an Australian driver's licence.

You must carry your driver's licence whenever you drive.

For more information, visit [SA.GOV.AU](#).

Road rules

Get to know the Australian road rules at the [My Licence](#) website. Be sure you know the rules before you drive a car. Here are a few things to remember:

- In Australia, you must drive on the left-hand side
- Seatbelts and child restraints must be used at all times
- Speed limits and road rules are strictly enforced
- Australia has strict laws and penalties for driving while under the influence of alcohol or drugs
- You can't use a handheld mobile phone while driving

Buying a car

If you're thinking of buying a second-hand car, make sure you check out the [before you buy](#) checklist from the Office of Consumer and Business Services.

You can find listings for used cars in The Advertiser newspaper or online on site such as:

- [www.tradingpost.com.au](#)
- [www.carsguide.com.au](#)
- [www.carsales.com.au](#)

You'll need to make sure the [car registration is transferred](#) to you. Vehicle registration is mandatory and includes [compulsory third party insurance](#). It's strongly recommended you take out additional insurance to cover property damage and any injuries to yourself if you are at fault in an accident.

RAA

If you're buying a car in Adelaide, you could consider joining the [RAA](#). They offer roadside assistance and other advice and services for drivers.

Renting a car

To rent a car, you usually need to be over the age of 25 and hold a full driver's licence. In some cases, you may need an International Driver's Permit to hire a car.



Accommodation



You have a range of student-friendly housing options in Adelaide, including fully-serviced and self-managed options.

Student accommodation websites

The staff at your education institution can help you with accommodation services, and there are several websites where you can find out more information.

- [Adelaide Student Housing](#) (StudyAdelaide's student housing directory)
- [Flinders University](#)
- [University of Adelaide](#)
- [UniSA](#)
- [TAFE SA](#)
- www.realestate.com.au (for private rental listings)
- [Student Accommodation Association](#)

Quick guide to renting

When you sign a lease to rent a house or flat (apartment), you are responsible for paying rent, paying for utilities, preparing your meals and providing your furniture (usually).

You can find information about your rights and responsibilities as a tenant on the [SA Government](#) website. You should familiarise yourself with:

- The different types of [lease agreements](#)
- [Rent, bonds and other charges](#)
- Who is responsible for [repairs and maintenance](#)?
- Your [landlord's right of entry](#) (and when they can't enter)
- What happens if you have to [break your lease](#)?
- What happens [when you move out](#)?



Common renting terms

Term	Meaning
Rent	The money you pay to live in a rental home.
Bond	Usually the equivalent of four week's rent. This money is lodged by your landlord with the Tenancies Branch and returned at the end of your lease, provided you have left the property in good order and paid all rent. Make sure you receive a receipt for your bond payment.
Tenant	The person renting the property (you).
Landlord	The owner of the property, or the property manager hired by the owner to manage the rental arrangements.
Premises	The property being rented.
Eviction	When you are forced to move out of the property.
Inspection sheets	A form you fill out at the start of your lease to note any existing damages already there when you moved in.
Utilities	Your gas, electricity and water services.
Contents insurance	Insurance you should consider taking out to cover your belongings from theft, fire and other damage.

Helpful contacts

Residential Tenancies Advice Line	Ph 13 18 82
Translating and Interpreting Service	Ph 13 14 50
Community Legal Services	Ph 8342 1800
Tenants Information and Advisory Service	Ph 1800 060 462

Setting up your new home



Whether you're moving into a college residence or a private rental, you'll need a few essentials to set up your new home. From stationery and pillows to furniture and appliances, here are a few local retailers to get you started.

Bedroom

IKEA

397 Sir Donald Bradman Drive, Adelaide Airport
www.ikea.com.au

Target

Pulteney Street (Corner Rundle Street), Adelaide
www.target.com.au

Amart Furniture

1031-1037 South Road, Melrose Park
www.amartfurniture.com.au

Bathroom

Harris Scarfe

Rundle Place Shopping Centre
77 – 90 Rundle Mall, Adelaide
www.harrisscarfe.com.au

Kmart

Rundle Mall Shopping Complex
127 Rundle Mall, Adelaide
www.kmart.com.au

Kitchen

Harvey Norman

City Cross Shopping Centre
33-39 Rundle Mall, Adelaide
www.harveynorman.com.au

The Good Guys

121-150 Railway Terrace, Mile End
www.thegoodguys.com.au

Minimax

City Cross Shopping Centre
33-39 Rundle Mall, Adelaide
www.minimax.com.au

Laundry

Big W

366 Goodwood Road, Cumberland Park
www.bigw.com.au

Harvey Norman Factory Outlet

309 South Road, Mile End
www.harveynorman.com.au

Office and Stationery Supplies

Officeworks

69 Gawler Place
www.officeworks.com.au

Gas and electricity

AGL

www.agl.com.au

Origin Energy

www.originenergy.com.au

More information: www.energymadeeasy.gov.au

Water

SA Water

www.sawater.com.au

Telephone (landline)

Telstra

www.telstra.com.au

Optus

www.optus.com.au

Staying connected



Once you've arrived in Australia, you'll want to keep in touch with family and friends back home and in Adelaide. Here's how to set yourself up with phones, internet and postal services in Australia.

Mobile phones

Get an Australian phone number by signing up for a phone or SIM card with a local network. Our preferred provider, [Vodafone](#), has a range of great deals for students, including internet data. You'll have to decide if you want a SIM only plan or a plan that includes a phone. And if you want a prepaid option or a contract.

There are pros and cons to both, so ask questions and work out which option suits you best.

Whichever way you go, make sure you understand what you're signing. Check how long the contract is and what you need to pay if you break the contract early. And find out if your prepaid option has time limits for use.

If you don't understand, ask the Vodafone team. They're there to make sure you get the phone service you need.

Vodafone Rundle Mall

Shop 3, 80-88 Rundle Mall, Adelaide

www.vodafone.com.au/students

Other local providers include [Telstra](#) and [Optus](#).



Staying connected



International phone calls

If you're calling home from a landline or mobile, you'll need to use the international prefix 0011 to dial outside Australia.

For example, to make a phone call to Beijing, you'll need to dial the following:

0011	86	10	XXXXX
International prefix to dial outside Australia	International country code to dial to China	The local area or city code to dial Beijing	The local phone number you wish to dial

Internet

You'll enjoy FREE internet in many outdoor areas across the Adelaide city centre through the [AdelaideFreeWiFi](#) network. You'll also be able to access free internet at most suburban council libraries (if you have a library card from your local library).

[Internode's](#) WiFi hotspot network provides FREE WiFi at over 400 cafes, hospitals and other public places across Australia. [Search the list](#) to find a place near you.

Internet at home

If you want to set up the internet at home, you'll need to sign up for a plan with a broadband provider. Popular providers in Australia include:

- [Vodafone](#) (NBN connections only)
- [Internode](#)
- [iinet](#)
- [Telstra](#)
- [Optus](#)

Be sure to shop around and work out the plan that best suits your needs and budget.

Mail

[Australia Post](#) is Australia's national postal provider. If you need to send mail or parcels back home, you can find Australia Post shops in most major shopping centres.

At most Australia Post shops, you can:

- Send mail and parcels
- Buy stamps, envelopes, packaging and prepaid parcel satchels
- Pay many bills such as utilities
- Transfer money
- Have documents witnessed
- Have documents translated
- Renew your South Australian driver's licence
- Complete a national police check
- Buy gifts, cards and souvenirs

To calculate approximate postage costs and delivery times, use this [handy Australia Post calculator](#).



Receiving mail

If you're not sure what your permanent address in South Australia will be, you can arrange to have your mail delivered to your nearest post office or the General Post Office in central Adelaide.

For the GPO, mail can be addressed to you at:

<Your Name>
Post Restante
C/- General Post Office
ADELAIDE SA 5001
AUSTRALIA

You will need to bring a valid photo ID (such as your passport) to collect your mail. If your mail is not collected, it will be returned to sender one month after it arrives.

Money matters



Having an Australian bank account gives you easy access to your money and allows your employer to deposit your pay directly into your account. You don't need to carry lots of cash in Australia as most places will take payment by cards.

Opening a bank account

If you're looking for a trusted local bank, StudyAdelaide recommends **ANZ Bank in Rundle Mall**. You can even [set up your ANZ account online](#) before you arrive in Adelaide. Once you get here, drop into the branch at 112 Rundle Mall to speak to their friendly staff about your banking needs.

The Rundle Mall team can assist customers of all nationalities, with staff members who speak Mandarin, Cantonese, Malay, Italian and Cambodian.

Identification

If you want to open a bank account in Australia, you need to pass the '100 point' system to prove your identification. Your passport, combined with your Australian student ID card, may provide enough identification. However, you'll need to check with your bank for their requirements.



Money matters



Australian currency

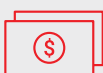
Australia's national currency is the Australian dollar (\$, A\$ or AUD). Our colourful [banknotes](#) depict famous Australians and come in denominations of:

- \$5
- \$10
- \$20
- \$50
- \$100

Australian [coins](#) feature Queen Elizabeth II on one side and Australian imagery on the other. Coins come in denominations of:

- Five cents (5c)
- Ten cents (10c)
- Twenty cents (20c)
- Fifty cents (50c)
- One dollar (\$1)
- Two dollars (\$2)

If you need to exchange your home currency, there are many options in the city, including the ANZ Bank in Rundle Mall.



Money terms

Word	Meaning
ATM	Automatic teller machine found in many public places such as shopping malls, banks and pubs.
BPAY®	A service that allows you to pay your bills using internet banking or phone banking.
EFTPOS	A point of sale electronic payment system used widely in Australian businesses. You can use your debit or credit card to pay for things using an EFTPOS facility.
Debit card	Also known as an ATM card. This allows you to directly access the money in your bank account through ATMs and EFTPOS
GST	The Goods and Services Tax that is levied on the supply of most goods and services in Australia. The GST is usually included in prices displayed in Australian shops.
payWave / PayPass	payWave (Visa) or PayPass (MasterCard) are contactless payments and accepted at most shops in Australia. Contactless payment allows you to pay for purchases under \$100 by tapping your card against the reader. There is no need to sign or enter your PIN.
PIN	Your Personal Identification Number (PIN) is a four to six-digit number used as a security code to access your bank accounts when you use phone banking, ATMs or EFTPOS.
Savings account	A day-to-day bank account which provides easy access to your money.

For more banking terminology, visit ANZ's [glossary of terms](#).

Food and shopping



From fresh food markets selling high-quality, inexpensive produce to convenient everyday shopping centres and malls, you'll find shopping easy and affordable in Adelaide.

Shopping in the city

Rundle Mall: Adelaide's centrally located Rundle Mall features fashion, food and department stores like Myer, David Jones, Kmart and Harris Scarfe.

Markets: Adelaide is home to many permanent and visiting markets providing hand-made crafts, pre-loved clothes and fresh produce.



City trading hours

Monday to Thursday	9am–7pm
Friday	9am–9pm
Saturday	9am–5pm
Sunday	11am–5pm

City supermarkets

Coles (Central Market Arcade)

21-39 Grote Street, Adelaide

Coles (Rundle Place)

Rundle Place, Rundle Mall, Adelaide

IGA Adelaide City Central

33 Gilbert Street, Adelaide

IGA Adelaide City East

116 Hutt Street, Adelaide

IGA Adelaide Hutt St

232 Hutt Street, Adelaide

Foodland Rundle Mall

Shop 9, 141-159 Rundle Mall, Adelaide

Woolworths

80-88 Rundle Mall, Adelaide

You can find a list of some of Adelaide's Halal butchers, cafes and restaurants at [Halal Square](#). The [Muslim Women's Association](#) can also provide you with a comprehensive list of Halal food outlets across Adelaide.

Food shopping

You'll find a diverse range of fresh foods and international groceries at markets and supermarkets all across Adelaide. Here are a few places to stock up on quality ingredients.

Adelaide Central Market

Adelaide's famous market features South Australian produce stalls, delicious Asian food halls, vibrant cafes and more.

For help navigating the market, head to the **Central Market Information Booth** near the Grote Street entrance for a tour.

44-60 Gouger Street, Adelaide

www.adelaidecentralmarket.com.au

Adelaide Farmers' Market

The largest farmers' market in South Australia, where farmers and producers from across the state sell seasonal produce direct to the public.

Open Sundays, 9 am to 1 pm

Leader Street, Wayville

www.adelaidefarmersmarket.com.au

Every day shopping

You'll find several large shopping malls across Adelaide's suburbs, which you can get to using public transport. Many shopping malls feature supermarkets, food courts, major department stores, specialty retailers and some have cinemas.

Westfield Marion

297 Diagonal Road, Oaklands Park

www.westfield.com.au/marion

Westfield Tea Tree Plaza

976 North East Road, Modbury

www.westfield.com.au/teatreeplaza

Westfield West Lakes

111 West Lakes Boulevard, West Lakes

www.westfield.com.au/westlakes

Armada Arndale Shopping Centre

470 Torrens Road, Kilkenny

www.armadaarndaleshopping.com.au

Burnside Village

447 Portrush Road, Glenside

www.burnsidevillage.com.au

Many shops and malls in the suburbs remain open until 9pm on Thursday nights.

Cultural and student groups



You'll be a welcomed member of South Australia's multicultural community which is home to people from more than 200 diverse cultural and religious backgrounds.

Cultural groups

There are many community and cultural groups in Adelaide where you can meet new friends and join in festivities and programs.

- [Muslim Women's Association of South Australia](#)
- [Chinese Welfare Services of SA](#)
- [Indian Australian Association of SA](#)
- [Japan Australia Friendship Association](#)
- [South Australian German Association](#)
- [Vietnamese Community of Australia](#)
- [Malaysian Club of South Australia](#)

Find other multicultural organisations:

- [Multicultural affairs](#)
- [Multicultural Youth SA](#)
- [Multicultural Communities Council of SA](#)

Student groups

You can also get involved in a range of student clubs to suit your social, academic, sporting and religious interests.

- [Adelaide University Union Clubs](#)
- [Flinders University Student Association Clubs](#)
- [UniSA Student Association Clubs](#)



Ask your education provider for information on clubs and campus activities where you can socialise and have fun with your study friends.



Religion



People of all religions are free to worship in Australia.

The below list is a selection of places to worship in Adelaide. If you can't find what you're looking for, try searching the Yellow Pages for 'Churches, mosques and temples' or 'Church & religious organisations' for a full listing of places of worship in your area.

Adelaide Progressive Jewish Congregation / Beit Shalom Synagogue

39-41 Hackney Road, Hackney
www.bshalomadel.com

Adelaide Hebrew Congregation

13 Flemington Street, Glenside
www.adelaidehebrew.com.au

The Adelaide Mosque

20 Little Gilbert Street, Adelaide
www.adelaidecitymosque.org.au

Buddhist Temple / Wat Rattanapruteep Vihara

45 Smith Street, Thebarton
www.bshalomadel.com

Shri Ganesh Temple

3A Dwyer Road, Oaklands Park
www.shriganeshatempleadelaide.com.au

Gurdwara Sri Sarbat Khalsa Sahib

16-18 King Street, Prospect
Ph 0422 735 696

Guru Nanak Society of Australia

7A Barham Street, Allenby Gardens
Ph 0411 222 479

Islamic Society of South Australia

658 Marion Road, Park Holme
www.islamicocietyysa.org.au

Korean Uniting Church

40 Third Avenue, St Morris
Ph 0430 458 456

Sikh Society of SA

10 Mount Barker Road, Glen Osmond
www.sikhssa.org.au

St Francis Xavier's Cathedral (Catholic)

39 Wakefield Street, Adelaide
www.adelcathparish.org

St Stephen's Lutheran Church

152 Wakefield Street, Adelaide
www.ststephensadelaide.org.au

St Peter's Cathedral (Anglican)

27 King William Road, North Adelaide
www.stpeters-cathedral.org.au



City of Adelaide is the local government authority for Adelaide. The council welcomes international students to Adelaide and offers a range of helpful information including:

- Information for [new arrivals in Adelaide](#)
- [Recreation facilities](#) and [Adelaide Park Lands](#)
- [Food and culture](#)
- [What's on](#) guide to events

Services for students

With tens of thousands of students living, working or studying in the city area, the council offers many services to help students in Adelaide.

Visitor Information Centre

For help with directions, brochures, maps and event guides, head to the [Adelaide Visitor Information Centre](#) in James Place (just off Rundle Mall).

Adelaide Free Bikes

You can hire a FREE bike from one of 20 locations around the city or one of several places in the suburbs. You'll need a valid photo ID to hire a bike, and you'll also get a bike lock and helmet (which must be worn by law).

www.bikesa.asn.au/adelaidefreebikes

Libraries

The council operates [three libraries](#) offering thousands of books, magazines and digital titles you can borrow. They also provide computers and free internet access, quiet study spaces, reading groups and events. It's free to join and free to borrow from the library.

- **City Library:** Rundle Mall via Da Costa Arcade, Adelaide (or enter by taking the Rundle Place car park lifts to level 6)
- **Hutt Street Library:** 235 Hutt Street, Adelaide
- **North Adelaide Library:** 176 Tynte Street, North Adelaide



The State Library of South Australia on North Terrace is another Adelaide library you can use.

Community Centres

At the City of Adelaide [community centres](#), you can join in a wide variety of programs, workshops and events including English lessons. With art exhibitions, cooking classes, creative workshops and community gardens, you'll make new friends and explore new interests.

To find out what other services the City of Adelaide can offer you, visit www.cityofadelaide.com.au.

Your local council

Your local council also offers a range of services like libraries and events. To find your nearest council, visit the [Local Government Association](#).



Public holidays 2019



There are 13 public holidays in 2019. Some are celebrated around the world, while others are specific to Australia and Adelaide.

New Year's Day: 1 January

Australia Day: 26 January

[Australia Day](#) is the official national day of Australia which commemorates the arrival of the First Fleet at Sydney Cove on 26 January 1788.

Adelaide Cup: 11 March

Adelaide Cup Day celebrates a thoroughbred horse race held at Morphettville Racecourse on the second Monday of March. The holiday falls in the middle of Adelaide's 'Mad March' with a range of events, festivals and celebrations in town during the month.

Good Friday: 19 April

Easter Saturday: 21 April

Easter Monday: 22 April

ANZAC Day: 25 April

ANZAC Day is a solemn day of public remembrance of all who have served in military operations for Australia. It commemorates the landing of the Australian and New Zealand Army Corps (ANZAC) troops at Gallipoli on 25 April 1915.

Queen's Birthday: 10 June

This holiday is celebrated in many Commonwealth countries on the second Monday in June, even though the Queen's actual birthday is 21 April.

Labour Day: 7 October

Christmas Eve: 24 December (7 pm to midnight)

Christmas Day: 25 December

Proclamation Day: 26 December

Proclamation Day celebrates the proclamation of South Australia as a British province in 1836. In other Australian states, this holiday is known as 'Boxing Day'.

New Year's Eve: 31 December (7 pm to midnight)



International Student Advisory Service



If you have questions or concerns about any aspect of living, working or studying in South Australia, the International Student Advisory Service may be able to help. This is FREE of charge for all international students, and anything you discuss is completely confidential.

The service is run by the Office of the Training Advocate, an independent complaints-handling authority for all matters relating to international education and training in South Australia.

You can get advice or help on things such as:

- The content or quality of your course
- Visa requirements
- Employment rights and obligations
- Accommodation
- Welfare services

Office of the Training Advocate

Level 5, 131-139 Grenfell Street
Ph 1800 006 488

trainingadvocate@sa.gov.au

www.trainingadvocate.sa.gov.au





Health and safety

Things to know about staying well and keeping safe.

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Health insurance



As an international student, you must have adequate health insurance for you and your dependents while studying in Australia. It's essential you understand what your obligations are regarding your Overseas Student Health Cover.

Overseas Students' Health Cover card

When you take out your required health insurance, you will get an Overseas Students' Health Cover (OSHC) card. You must carry this card with you to show whenever you need to use any medical or health service. You should make sure you understand what medical services you are, and are not, covered for.

Where can I get student health insurance?

You can only purchase your OSHC from an Australian Health fund that has signed a Deed with the Australian Government, permitting them to provide these services.

For a list of which insurance providers have signed a Deed, you can check with the [Australian Department of Health](#).

What does OSHC cover me for?

Generally, OSHC will cover basic medical services and emergency ambulance transport. However, the details of each policy differ between insurance providers, including the cost of cover, what they will and won't cover and any waiting periods that may apply. You should shop around and purchase the insurance that best suits your needs.

Am I covered for ambulance use?

You'll need to check with your health insurance provider to find out if you are covered for ambulance use. If you are not, it can cost you a lot of money to use ambulance transportation in an emergency, and it's recommended that you take out ambulance insurance with [SA Ambulance](#).

Can I purchase additional insurance?

Yes. If you require additional cover for services such as dental, physiotherapy and optical services, you can ask your provider.



For more information on OSHC, contact the [Australian Department of Health](#) or your education institution.

Medical services



Australia's health care system provides a wide range of services including general practice and community health, emergency services and allied health services.

Emergencies

If you or a friend has a life-threatening illness or injury, dial 000 for an ambulance.

Hospitals

Hospital services are usually required for emergency injuries or acute illnesses.

The major metropolitan hospitals are:

- Royal Adelaide Hospital (Adelaide city)
- Queen Elizabeth Hospital (Woodville)
- Lyell McEwin Health Service (Elizabeth Vale)
- Noarlunga Health Service (Noarlunga)
- Modbury Public Hospital (Modbury)
- Flinders Medical Centre (Bedford Park)
- Women's and Children's Hospital (North Adelaide)

Seeing a doctor

If you need to see a doctor, you can find a list of local 'Medical Practitioners' listed in the [Yellow Pages](#). You should register with a local doctor when you arrive, so you have somewhere to go if you are sick.



On-campus doctors

There are medical practices at the University of Adelaide, Flinders University and the University of South Australia.

Paying for a doctor

A consultation with a general practitioner usually costs around A\$50 or more, depending on your doctor and your Overseas Students' Health Cover (OSHC) benefits. Some doctors may ask you to pay in full and claim your insurance benefit back later, so check when you make your appointment. And always keep your receipts.



healthdirect

**FREE 24-hour health advice line
1800 022 222**

- Do you have a health concern, but you're not sure what to do next?
- Call the FREE healthdirect number to speak to a registered nurse
- You'll receive health advice and directions to your local health services

Medical services



Medications

You can buy medicines and drugs from a pharmacy, also known as a chemist. You can buy some medicines over the counter; others need a prescription from a doctor.

Dentists, optometrists, physiotherapists

You can search for local providers in the [Yellow Pages](#). Be aware costs for these services can vary, and some treatments can be expensive. Be sure to compare quotes before booking your appointment.

Common Health Concerns

Sunburn: Australia's sun can be harsh, so it's important to use sunscreen, wear a hat and cover up with clothing that covers your arms, legs, back and neck. Particularly in the middle of the day.

Dry skin: South Australia's dry climate can lead to dry skin. Protect yourself by using moisturisers and lip balm, and by drinking water to stay hydrated.

Colds and flu (influenza): These are relatively common in Australia and usually occur during seasonal changes. If you have symptoms of a sore throat, runny nose, headaches or fever, you should see your doctor. Flu vaccines are available; speak to your doctor or local council.

Family planning and sexual health: [ShineSA](#) offers support services and information on a range of issues relating to family planning, pregnancy and sexual health, including contraception and sexually transmitted diseases. For information in a variety of languages, go to [ShineSA's multicultural communities](#) web page.

Adelaide Sexual Health Centre: If you think you might have a sexually transmitted disease, the [Adelaide Sexual Health Centre](#) offers a free and confidential health service, including medical consultations, testing and treatment and support services.

275 North Terrace, Adelaide
Ph 8222 5075



Important information

- Always take your OSHC card to any medical appointment
- Dial 000 in an emergency
- You should only go to a hospital if your condition is life-threatening or an acute illness
- A local doctor, general practitioner (GP) or medical practitioner can be seen for other medical conditions

Some medicines, like birth control, need a prescription from your doctor.

Emergencies



Emergency: Dial 000

To contact the ambulance, police or fire brigade when there is a danger to life, a crime in progress or a fire.

Non-emergency: Dial 13 14 44

To contact the police for minor crimes or police assistance.

Ambulance

If you or a friend have a life-threatening injury or illness, dial 000 and ask for an ambulance. Emergency services are available to everyone in Australia at the accident and emergency unit of any public hospital, 24 hours a day.

Note: if your OSHC insurance doesn't cover ambulance use, it's recommended you take out ambulance cover with [SA Ambulance](#).

Police

If there's a crime in progress or a danger to life, dial 000 and ask for the police who will attend the situation.

If you have anything stolen, are assaulted, threatened or otherwise need police assistance, you can contact the police by dialling 13 14 44. If you need to make an insurance claim for a theft, car accident or another incident, you must get a Crime Report Number from the police to give to your insurance company.

Police in Australia are friendly and helpful and have a duty to protect everyone. The police are committed to crime prevention and are there to help you if you are in difficulty. You don't need to worry about language difficulties as the police will find someone (free of charge) who speaks your language and can help you communicate with the police.

Fire brigade

If you see a fire in progress, dial 000 and ask for the fire brigade who will attend the situation.

Support services



There is a range of health support services available. These services are there to help you.

Sexual assault

Yarrow Place: Provides services for rape and sexual assault victims over the age of 16. You can get 24-hour crisis medical and counselling services immediately following a sexual assault, including collecting forensic evidence if you request. You can also access professional counselling, therapeutic support groups and other related services.

55 King William Road, North Adelaide

Ph 8226 8777 or 1800 817 421
(24-hour telephone line)

Mental health

If you're feeling depressed, anxious or suicidal, you can get help from several support services. You should contact the below services for help if and when you need it.

- [Lifeline](#), 24-hour counselling service - 13 11 14
- [Youth Beyond Blue](#), 24-hour counselling service – 1300 224 636
- [Reach Out](#) – an online resource to help you through tough times

Addiction

If you're struggling with drug, alcohol or gambling addictions, there are services that can help you.

- [Drug and Alcohol Services SA](#) – 1300 131 340
- [Gambling Helpline](#) – 1800 858 858

Student support services

Your university, college or education institution can offer you support to help you deal with problems you may be having with your health, mental wellbeing, finances or personal security. Visit your education provider's website or speak to your adviser to find out how to access the services your institution provides.

Migrant Health Service

The Migrant Health Service is a multilingual access centre where you can get health care and referral services. They offer health assessment, counselling, health education and language services.

21 Market Street, Adelaide
Ph 8237 3900

Legal Aid

If you need assistance with a legal matter, the [Legal Services Commission](#) can offer you legal help if you can't afford to pay for a lawyer.

159 Gawler Place, Adelaide
Ph 8111 5555

Personal safety



Adelaide is one of the safest cities in Australia, but it's important to be aware of your personal safety and to protect yourself and your property.

Party safety

- Plan how you're going to get there and get home
- Use dedicated after-midnight buses or pre-book taxis
- Never get into a car with a drunk driver (and don't drink and drive)
- Take it turns to be the non-drinker in your group to keep an eye on everyone
- Have a soft drink or water in between alcoholic drinks
- Beware of drink spiking; never leave your glass unattended or accept a drink from a stranger
- If you feel unwell, tell a friend or bar staff

Home safety

- Check your home has working smoke alarms (these are compulsory by law)
- Change the batteries in smoke alarms when daylight saving time starts and ends
- Don't leave doors or windows unlocked
- Take out insurance to cover your belongings against theft and damage and keep records of model numbers (take photos)
- Have your name and phone number engraved on valuable items like laptops



Personal safety



Street safety

- Keep alert and walk with confidence
- Where possible, walk with friends and keep to well-lit areas
- If you regularly walk alone, vary your route and carry a personal alarm
- Let someone know where you're going and when to expect you
- Always have your keys ready as you approach your car or home
- Check public transport timetables to minimise waiting time
- Sit near the driver on buses, trains and trams
- Keep car doors locked when driving and keep valuables out of view
- Minimise the amount of cash you carry and don't use ATMs in dark or isolated locations

Beach safety

- Be aware of currents and powerful tides and rips
- Swim at [patrolled beaches](#) and swim between the red and yellow flags
- Never drink alcohol and swim
- Be aware of your swimming ability

Data safety

- Ensure your PINs and passwords are secure
- Beware of scams and don't give your details to strangers
- Be cautious with emails asking for financial information; be confident they're real before clicking any links
- Keep your mobile phone out of sight and locked with a PIN when not in use
- Find out how to secure your mobile phone at the [Australian Mobile Telecommunications Association](#)
- Keep up-to-date with the latest scams at [Scamwatch](#)



For more safety and security tips, check out the [South Australia Police crime prevention and security web page](#).



Australian law



While you're living in Australia, you must follow the laws of Australia and South Australia. Here are some local laws you should know.

Alcohol

- It's illegal to buy alcohol if you are under the age of 18
- It's illegal to consume alcohol in public if you are under the age of 18
- It's illegal for anyone to drink alcohol in designated public '[dry areas](#)' (all Adelaide city streets and squares are dry zones 24/7)
- There are heavy penalties for offenders who drive with a blood alcohol reading 0.05 or over (and for some drivers over 0.00). Don't drink and drive

Drugs and cigarettes

- There are severe penalties for using or dealing in illegal drugs. Avoid any situation that involves illegal drugs
- It's illegal to buy cigarettes if you are under the age of 18 and it is illegal to lend, give or sell cigarettes to someone under the age of 18
- It's illegal to smoke in any enclosed public area, including hotels

Gambling

- It's illegal to gamble if you are under the age of 18
- It's illegal to enter casinos or hotel gaming areas if you are under the age of 18

Licensed venues

- It's illegal to be in a licensed entertainment venue, (e.g. night clubs) after 9 pm if you are under the age of 18
- You should always carry your proof-of-age ID (such as your driver's licence) as you will likely be asked to show it
- It's illegal to present a fake ID at a licensed venue

Stealing and vandalism

There are severe penalties for theft, shoplifting or damaging property.

Discrimination

It's illegal to discriminate against anyone based on gender, sexuality, marital status, race, disability or age.



Work

Things to know about working while you study.

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Work while you study



If you need to earn money while you learn, there are many opportunities for part-time or casual work in Adelaide.

Work visas

If you have a student visa, and you're over the age of 16, you and your dependent family members can work in Australia, subject to [certain conditions](#).

- You can't work until you have started your course in Australia
- You can work up to 40 hours per fortnight (part-time or casual) during the semester
- You can work unlimited hours during semester break
- Work that forms part of your course doesn't count towards the 40 hours (e.g. student placements that go towards course credit)
- If you've started your masters by research or PhD, there is no limit on the number of hours you can work



Your student visa is essential for you to be able to work in Australia, even if your employer doesn't understand how your student visa works.

Part-time or casual?

Part-time employment: is an excellent way to balance work with your study. As a [part-time employee](#), you'll be entitled to the same benefits as a full-time employee (but on a pro-rata basis), and you'll usually work regular hours each week.

Casual employment gives you more flexibility, but often less guaranteed hours than part-time work. As a [casual employee](#), you'll be entitled to a higher hourly pay rate, but you won't get paid sick leave or annual leave.

Police checks and clearances

Your employer may ask for a [police record check](#) or a background [screening check](#) (especially if you will be working with children, the elderly or in the disability sector).



Finding a job



One of the hardest parts of finding a job is knowing where to look. Here are some ideas to help you with your search.

Job search websites

These are some of Australia's favourite job search websites:

- [Seek](#)
- [CareerOne](#)
- [Australian Job Search](#)
- [Adzuna](#)
- [NowHiring](#)
- [LinkedIn](#)
- [Indeed](#)
- [Simply Hired](#)
- [GradConnection](#)
- [Jora](#)

Careers service

Your university or education institution likely has a careers service or job board where you can get help finding and applying for jobs. Ask your student advisor to guide you in the right direction. And be sure to check to see if your university or university union is hiring. There are often lots of job opportunities on campus.

Company websites

Check out the 'Careers' or 'Employment' page of the websites of companies you'd like to work for. Supermarkets like [Coles](#) and [Woolworths](#) or businesses like restaurants, cinemas, hotels, retail stores and convenience stores often have part-time or casual jobs available.

For government jobs, keep an eye on the [Government of South Australia](#) job website and the [Local Government Association](#) job website.

Even if the company you want to work for isn't advertising right now, you might impress them by sending your resume anyway (but be sure to include a cover letter introducing who you are and why they should hire you).



Applying for a job



To make sure your resume makes it to the top of the pile, you'll need a stand-out resume and cover letter. And if you get called in for an interview, that's your chance to show them why they have to hire you.

Resume and cover letter tips

- Use your cover letter to introduce your strengths and tell them why you are the best candidate for the job
- Don't use your cover letter as a repeat of your resume
- If the job advertisement asks you to address selection criteria, do it
- Customise your cover letter and resume to each job, don't just send a standard application for all jobs you apply for

Interview tips

- Come prepared to answer questions about your strengths, weaknesses, challenges and accomplishments
- Research the company and know what they are about
- Dress appropriately, lean towards conservative
- Arrive at least 10 minutes early, so you're not flustered (and know where you're going before you leave home)
- Be friendly and enthusiastic
- Give a firm handshake, pay attention and maintain eye contact
- Be honest and focus on your strengths



Getting paid and paying tax



Make sure you know how much you're going to be paid and understand how the Australian tax system works.

Fair pay for fair work

Your pay rate will depend on the type of work you're doing. Your pay should be included in your contract of employment or Enterprise Bargaining Agreement, or it might be governed by an industry award. Your employer should give you a copy of your contract or award. If they don't, ask for it.

- Casual pay should be calculated based on an hourly rate, not a 'session' or 'shift' rate (this could be illegal)
- Your employer can't ask you to work on a 'trial basis' for no pay; this is illegal
- You should let your employer know that you can only work up to 20 hours per week
- You will need a bank account, so your employer can pay you
- Your employer must pay you the correct amount owed to you

Tax basics

When you work in Australia, you must pay tax. To do that, you should apply for a [Tax File Number](#) (TFN) to give to your employer. If you don't have a TFN, more of your pay will be withheld as tax, so it's a good idea to get one.

- You can apply for a [TFN online](#)
- You will need to fill out a Tax File Number Declaration to give your TFN to your employer
- Your employer will withhold tax on your behalf before giving you your pay
- Your employer must provide you with a pay slip detailing your salary and the tax withheld (if they don't, ask for it)
- You will have to submit a [tax return](#) with the Australia Taxation Office each financial year

Superannuation

If you're over 18 and earning more than \$450 per month (before tax), your employer must pay superannuation (or 'super') into your nominated fund. This money is intended to grow over your lifetime and provide for your retirement. This money will stay in your super fund until you can [claim it back when you leave Australia](#).



For more information on tax, visit the [Australian Taxation Office](#).

For more information about fair pay, visit [Fairwork Australia](#).

Your rights and responsibilities



Working is a way to earn money, make friends and get real experience in the workforce. However, some employers don't always do the right thing by their staff. To make sure you receive your fair pay and work conditions, you should know your rights and responsibilities at work.

Equal opportunity

It's illegal to be discriminated against or disadvantaged by race, religion, age, gender, marital status, sexuality or disability.

More information: [Equal Opportunity Commission](#).

Workplace safety

Your employer must provide a safe and healthy working environment. This includes managing hazards and risks and looking after your health and wellbeing in a workplace free from discrimination and harassment.

More information: [SafeWork SA](#).

Industry certification

For some jobs, you will need an industry certification or licence to operate equipment. For example, to work in security jobs, the gambling industry or childcare, you will need a certification. And if you're operating certain equipment like scissor lifters, you'll need a licence.

More information: Speak to your employer.

Unions

You have the right to join a union which can help protect your rights at work. It's illegal for your employer to stop you from joining a union or to discriminate against you for being a union member. (Union fees apply.)

More information: [Australian Council of Trade Unions](#).

Internships

There are many 'opportunities' out there for unpaid internships, however many of these are illegal.

A vocational [student placement](#) should allow you to apply the things you are studying in a real-world workplace. For an unpaid student placement to be lawful, it must be a requirement of your course of study and provide some credit towards the course (either as a compulsory subject or an elective).

Unpaid work experience, job placements or internships that are not vocational student placements could be illegal.

More information: [Fairwork Ombudsman](#).

Your employer can't

- Bully, discriminate against or harass you (or allow your colleagues to do so)
- Ask you to do unpaid 'trial work'
- Pay you below the [minimum wage](#)
- Pay you in cash without a pay slip
- Ask you to pay back wages to make your actual pay different to your pay slip
- Allow you to work more hours than your visa allows
- Make you sign a contract you have not read or understood
- Sack you for being sick, injured or pregnant
- Sack you without proper notice

Honesty pays

While it can be tempting to go along with an employer who wants to pay you in cash (without a pay slip) or is happy for you to work more hours than your visa allows, don't do it.

- You're likely being exploited by your employer who could be underpaying you
- You'll be breaking the law and could be forced to leave Australia
- You're not protected if you get hurt at work
- You could get into serious trouble for not paying tax



If you think your employer isn't doing the right thing by you, you can speak to the [Fairwork Ombudsman](#), or seek advice from the support service at your education institution.

Volunteering



Volunteering is a great way to meet new friends, learn new skills and contribute to your community. When you volunteer, you're not paid for your work, but you still need to have a visa with work rights (like your student visa). And you can only volunteer up to 40 hours a fortnight.

To find volunteering opportunities in your local community, you could contact the [City of Adelaide](#) or your local council.

[Volunteering SA](#) also lists a range of opportunities across councils, health, community services, arts, conservation organisations, and more.

Volunteer rights and responsibilities

If you're going to be a volunteer, you should understand your [rights and responsibilities](#) and how the [Fairwork Ombudsman defines volunteering](#).





Entertainment

Things to know about
enjoying your free time and
having fun in Adelaide.

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Events and festivals



You'll never be bored in the 'Festival State'. Here's a list of some of Adelaide's most popular festivals and events. (Check the event websites for this year's dates.)

December/January

New Year's Eve

Start your year at Adelaide's free New Year's Eve celebrations. Check out the [City of Adelaide](#) website for up-to-date event information.

World Tennis Challenge

You'll see current tennis stars play alongside the legends of the game at the [World Tennis Challenge](#), one of Australia's most innovative tennis events.

Santos Tour Down Under

Check out the world's greatest cyclists at the [Santos Tour Down Under](#). If you're a keen cyclist, you can join the public Challenge Tour.

February/March

Adelaide Fringe

You'll love how the city pulsates with energy during the [Adelaide Fringe](#). With over 1,100 shows, it's the Southern Hemisphere's largest open-access arts festival.

Adelaide Festival of Arts

The world-class [Adelaide Festival](#) gives you acclaimed theatre productions, eclectic music and dance performances, and incorporates Adelaide Writers' Week.

Adelaide 500

If you're a motorsport enthusiast, don't miss the [Adelaide 500](#). The weekend is packed with motorsport action, and spectacular entertainment, right in the heart of the city.

WOMADelaide

Get a group of friends together to celebrate world music at [WOMADelaide](#). It's a four-day feast for the senses, featuring some of the world's leading musicians.

April/May

Tasting Australia

[Tasting Australia](#) is your passport to Australia's best eating and drinking experiences. Go where the foodies go to discover what's new on the menu.

Clare Valley Gourmet Weekend

Get out of town for a weekend of food, wine, hospitality and gorgeous Autumn landscapes at the [Clare Valley Gourmet Weekend](#).

June/July

Adelaide Cabaret Festival

As winter sets in, Adelaide heats up with the [Adelaide Cabaret Festival](#). Be sure to check out the program of international and local cabaret superstars.

Adelaide Beer & BBQ Festival

Get a group of friends together and get stuck into good beer, good food and banging beats at the [Adelaide Beer & BBQ Festival](#).

August/September

SALA Festival

If you love visual art, you can't miss the [South Australian Living Artists Festival](#). Use it as an excuse to explore the many venues exhibiting works during the festival.

Royal Adelaide Show

The [Royal Adelaide Show](#) is a celebration of Australian farming culture. Head to the show for livestock competitions, produce displays, carnival rides and loads of entertainment

October/November

OzAsia Festival

[OzAsia Festival](#) is Australia's premier international arts festival focusing on Asia. Whatever you do, don't miss the Moon Lantern Parade (it's free and fantastic).

National Pharmacies Christmas Pageant

Kick off the magic and wonder of the Christmas season at the [National Pharmacies Christmas Pageant](#), a beloved Adelaide tradition for over 85 years.



For a full list of major events and dates, check out the [South Australia Events Calendar](#).

Student discounts



Your student ID isn't just for use on-campus; it can get you a bunch of awesome discounts on movies, events and plenty of tourism venues around Adelaide. Make sure you carry it with you to receive your student concession prices. Here are some of the best student discounts you need to know.

StudyAdelaide activities

Make sure you sign up for FREE membership with [StudyAdelaide](#). We offer a range of free or discounted events like Lord Mayor's Welcome, International Student Awards, employment workshops and competitions. You'll also get access to exclusive special discounts on student travel so you can explore South Australia's tourism hot spots.

Adelaide Festival Centre: GreenRoom

If you join [Adelaide Festival Centre's GreenRoom](#) (for a small fee), you'll get cheap tickets to live shows, the chance to participate in free arts workshops and exclusive competitions and events.

Adelaide Symphony Orchestra: Live Pass

Experience the brilliance of the Adelaide Symphony Orchestra with a [Live Pass](#) membership. For a small membership fee, you'll receive FREE last minute tickets to up to 14 eligible live concerts, invitations to social events and exclusive behind-the-scenes opportunities.

Adelaide Fringe: Fringe Membership

If you want to immerse yourself in the Fringe during 'Mad March', you might want to join up as a [Fringe Member](#). For a low annual fee, you'll get 25% off participating Fringe shows, invitations to member events and a range of [exclusive offers and discounts](#).



Sporting events



People in Adelaide love to support their team at the footy, cricket, soccer and more. Get up to speed with this quick guide to sport in Adelaide.

Australian Rules Football League (AFL)

- 18 teams in the national [AFL](#)
- Two Adelaide teams, the [Adelaide Crows](#) and [Port Power](#)
- The [AFLW](#) is the women's league, and the [Adelaide Crows](#) won the inaugural premiership in 2017
- The [SANFL](#) is the state league with ten teams representing suburbs across metropolitan Adelaide
- AFL games are usually played at [Adelaide Oval](#)
- Learn more about AFL [here](#)

Cricket

- There are several [Australian cricket competitions](#) including:
 - One Day International series
 - Test series (international)
 - Sheffield Shield (national)
 - Women's National Cricket League
 - [Big Bash League](#)
 - [Women's Big Bash League](#)
- Adelaide has four national cricket teams
 - West End [Southern Redbacks](#) (Sheffield Shield)
 - [SA Scorpions](#) (WNCL)
 - [Adelaide Strikers](#) (BBL and WBBL)
- National and international cricket matches are usually played at [Adelaide Oval](#)
- Learn more about cricket in South Australia at [South Australian Cricket Association](#)



You can view the [Bradman Collection](#) for FREE in the Riverbank Stand at Adelaide Oval, Monday to Sunday from 9 am to 4 pm. Don't miss this showcase of memorabilia highlighting the career of South Australia's own Sir Donald Bradman, the greatest batsman in the history of cricket.

Soccer

- Ten teams in the national [A-League](#) (men's) and 9 in the [W-League](#) (women's)
- Adelaide's team is [Adelaide United](#), also known as The Reds
- National soccer is usually played at [Coopers Stadium](#) in Hindmarsh
- The Australian teams are the [Socceroos](#) (men) and [Matildas](#) (women)
- Learn more about soccer in Australia [here](#)

Other sporting events

Baseball

Cheer on the [Adelaide Bite](#) in the [Australian Baseball League](#).

Basketball

Check out the [Adelaide 36ers](#) (the Sixers) in the [National Basketball League](#).

Netball

Become a fan of the [Adelaide Thunderbirds](#) in the [Super Netball](#).

Adelaide outdoors



Adelaide's warm Mediterranean-like climate makes it the perfect city for getting out and exploring. Here are a few ideas to help you enjoy a glorious Adelaide day.

Beaches

Glenelg: Jump on the tram in the city and head to Glenelg for the best beach day in Adelaide. You can play it cool at the trendy upmarket marina, take a stroll along the jetty, dip your toes in the gentle Gulf waters or check out the shops, bars and cafes along Jetty Road.

Henley Beach: located 12 km west of Adelaide, Henley Beach is a beautiful and safe swimming beach surrounded by funky dining and bars and a cosmopolitan atmosphere. If you stay into the evening, you can experience a spectacular Adelaide sunset and check out the live entertainment.

Fleurieu Peninsula: Take a drive an hour or so south of Adelaide to check out pristine snorkelling reef at Port Noarlunga or explore the Fleurieu Peninsula beaches including the sheltered waters of Horseshoe Bay and the gnarly breaks at Middleton Beach.

Beach essentials

- Hat
- Sunglasses
- Sunscreen
- Swimming costume/board shorts
- Towel/beach mat



Safety First

Taking a swim in the ocean is an essential Australian experience, but be aware that currents and rips can be dangerous. Make sure you read and obey all safety signs and never swim alone. Conditions can change quickly, so take care and swim at beaches patrolled by surf lifesavers or lifeguards where possible. Visit [Surf Lifesaving SA](#) for more tips on beach safety.

Views

Mount Lofty Summit: Whether you bus, drive or [hike](#) to the [summit](#), make sure you make it to the highest point in Adelaide to take in the spectacular views of the entire city.

Mount Lofty Summit Road, Crafers

Montefiore Hill: Follow the pointing finger of the statue of Colonel William Light to view the magnificent city he designed.

Corner Montefiore Road and Pennington Terrace, North Adelaide

Windy Point: The look out at Windy Point provides unparalleled views across Adelaide and out across the gulf waters.

Belair Road, Belair

Parks and gardens

Adelaide Park Lands: One of the joys you'll experience living in Adelaide is strolling, riding and playing in the over 900 hectares of [park lands](#) surrounding the city. Highlights include:

- Himeji Garden, a peaceful hidden gem
- A stroll around the lake in Rymill Park
- South Terrace Croquet Club, for a playful battle on the green
- Paddle boat along the Torrens
- A walk from the University footbridge to the Adelaide Oval footbridge

Adelaide Botanic Garden: When you walk through the gates of the [Adelaide Botanic Garden](#), you'll be able to leave the stress of study behind. Explore this inner-city oasis which features an indoor rainforest, an exquisite waterlily pavilion and more.

Enter from North Terrace, Hackney Road or Plane Tree Drive.

Shopping main streets



Adelaide's city and suburbs are known for cosmopolitan shopping precincts where you can find fashion, food, markets and entertainment. Here are a few you don't want to miss.

Streets in the city

Rundle Street

If you want high-end fashion, trendy bars and a series of laneways with funky hidden finds, head to [Rundle Street](#) in Adelaide's east end.

Gouger Street

Gouger Street is Adelaide's street of international food. Here you'll find Chinatown, Adelaide Central Markets and a range of multicultural eateries and grocers.

Hindley Street

Though it's known more for its nightlife, Hindley Street is a hub of arts, bookstores, and cool galleries by day.

Streets in the suburbs

Jetty Road, Glenelg

Stretching one kilometre from the shores of Holdfast Bay, you'll find cafes, fashion boutiques, a cinema, gift shops and more in the Jetty Road precinct.

The Parade, Norwood

If you love shopping, you'll love [The Parade](#). It's one of Adelaide's premier destinations for food, fashion and fun.

Magill Road, Norwood

If you want to explore funky homewares and eclectic antiques and art, [Magill Road](#) is the place to be. All just a quick bus ride from North Terrace.

King William Road, Hyde Park

For upmarket style and fine dining experiences, head to [King William Road](#), Hyde Park just south of the Adelaide city centre.

Op shops (second-hand stores)

For cheap and cheerful vintage fashion finds, check out these Adelaide op shops:

Goodies Op Shop

Corner Portrush Road and The Parade, Beulah Park

The Magdalene Bargain Centre

46 Carrington Street, Adelaide

Red Cross Shops

284 Rundle Street, Adelaide

Find more [Red Cross Shops](#).

Salvos Stores (Salvation Army)

169 O'Connell Street, North Adelaide

Find more [Salvos Stores](#).

Cafes and restaurants



Adelaide is renowned for its high-quality, inexpensive and diverse range of delicious cafes and restaurants. Here are a few of our faves.

Best for brunch

Abbots and Kinney: for amazing pastries and good, strong coffee.

78 Pirie Street, Adelaide

Nano: for a delicious Italian-inspired and inexpensive brunch.

23 Ebenezer Place, Adelaide

Peter Rabbit: for incredible food in a cool, quirky and quaint setting.

234-244 Hindley Street, Adelaide

Get your coffee fix

Larry & Ladd: for outstanding coffee, hearty toasties and great music.

Regent Arcade, Rundle Mall, Adelaide

My Kingdom for a Horse: for delicious coffee, roasted on-site.

191 Wright Street, Adelaide

Pure Boutique Coffee Bar: for an all-day menu and a medley of coffee options.

34 Jetty Road, Glenelg



Cafes and restaurants



Cheap and cheerful lunch

Chinatown: for international cuisine at its best.

Gouger Street, Adelaide

Rundle Place food court: for free Wi-Fi and a unique mix of food offerings.

Rundle Mall, Adelaide

Dumpling King: for Adelaide's favourite fuss-free dumplings.

85 Grote Street, Adelaide

Top take away

Fish Out of Water: for Adelaide's best fish and chips.

117 King William Road, Hyde Park

Tony Tomatoes: for pizza the way it should be.

155-157 O'Connell Street, North Adelaide

Yianni's on Hindley: for fresh, quick and 'bloody incredible' yiros.

270 Hindley Street, Adelaide

Drinks with friends

2KW Bar and Restaurant: for award-winning hospitality and spectacular views.

Level 8, 2 King William Street, Adelaide

The Surf Club Cafe: for Sunday sessions right on the coast.

Corner Seaview and West Beach Roads, West Beach

Peel Street: for Adelaide's coolest small bars.

Peel Street, Adelaide

Out for dinner

Africola: for a vibrant and beautiful venue with South African BBQ at its heart.

4 East Terrace, Adelaide

Melt Pizzeria: for pizza perfection at three hip and happening locations.

38 Waymouth Street, Adelaide (and other locations)

Sit Lo: for quick, bold and delicious Vietnamese food.

30 Bank Street, Adelaide

Very vegetarian

Salem: for gourmet vegan sandwiches and desserts made entirely from scratch.

647 Marion Road, Ascot Park

Thea Tea Shop: for vegetarian food your non-vegetarian friends will love.

Gawler Place, Adelaide

Vego and Loven It: for a local institution that's been serving Adelaide's best vego food for over 20 years.

Level 1, 240 Rundle Street, Adelaide

Desserts to die for

Cocolat: for Adelaide's most decadent desserts and artisan chocolates.

281 Rundle Street, Adelaide (and other locations)

50 SIXONE: for an incredible selection of savoury and sweet treats.

330 Seaview Road, Henley Beach (and other locations)

Spats Coffee Lounge: for a slice of flamboyance and a delectable array of sweet selections.

108 King William Road, Goodwood

Getting active



With a range of programs, facilities and sporting teams for you to enjoy, it's easy for you to keep fit and active in Adelaide.

City of Adelaide

Check out the City of Adelaide's ['Active in the City'](#) section for plenty of ideas, recreational programs and sporting facilities you can access in Adelaide.

Beach life

If the Aussie beach lifestyle is what you're looking for, you can get involved with [Surf Lifesaving South Australia](#). There are several ways you can participate by following the [pathways](#) to becoming a lifeguard, rescue operator, first aid officer and more.

Bicycle trails

From [commuter bikeways](#) to the 45 km [Linear Park trail](#) that winds along the Torrens from the foothills to the beach, to the many downhill [mountain biking options](#), Adelaide is a bicycle-lovers paradise. And if you're getting out of town for a weekend, there are plenty of [trails for the bike](#). To find out more about cycling in Adelaide, check out the [Bike SA](#) website.



Getting active



Life. Be in it.

This community organisation can help you discover new sports and make new friends with programs for children and adults looking to try sports like judo, rowing, netball, badminton and more. Check out Life. Be in it for more details.

Sporting clubs

Playing sport is a great way to keep fit and make new friends. It doesn't matter if you've played before, or if you're a complete newbie. And if you don't feel like playing, many sporting clubs need volunteer coaches and officials to help out the team.

Australian Rules Football (AFL)

The senior club footy competitions are available for men and women from beginners to sub-elite levels. Check out the [Play AFL](#) website for details.

Basketball

Social basketball is a great way to spend time with friends and relieve stress. Check out [Basketball SA](#) for details on senior social competitions in Adelaide.

Cricket

There are four metropolitan [senior community cricket](#) associations in Adelaide where you can find out about opportunities to play.

Soccer

If you'd like to join an amateur soccer team, check out the [South Australian Amateur Soccer League](#) website for details.

Tennis

With over 60 local tennis clubs in the Adelaide metropolitan region, you'll find a match near you. Check out the [Tennis SA](#) website for information on your local club and options for playing, no matter what your level of skill.

Volleyball

Whether it's indoor or beach, volleyball is a great game to play with friends. Check out [Volleyball SA](#) for more information.



Adelaide attractions



With a world-class arts scene, cultural heritage museums and vibrant city attractions, there's plenty for you to see and do in Adelaide. Here are a few must-experience Adelaide attractions.

Museums and galleries

Art Gallery of South Australia

One of the finest art collections in Australia with works ranging from classical to cutting-edge.

FREE admission (excluding some special exhibitions)

North Terrace, Adelaide

www.agsa.sa.gov.au

Migration Museum

Celebrating South Australia's proud heritage as a multicultural city.

FREE admission (excluding some special exhibitions)

82 Kintore Avenue, Adelaide

migration.history.sa.gov.au

South Australian Museum

Showcasing natural and cultural heritage exhibits of national and international importance.

FREE admission (excluding some special exhibitions)

North Terrace, Adelaide

www.samuseum.sa.gov.au

Tandanya National Aboriginal Cultural Institute

For an insight into the vibrancy and diversity of Aboriginal and Torres Strait Islander culture.

FREE admission (excluding some special exhibitions)

253 Grenfell Street, Adelaide

www.tandanya.com.au

Performing arts

Adelaide Festival Centre

Presenting a range of theatre, dance, music and exhibitions. Get access to cheap tickets and exclusive events and competitions as a [GreenRoom](#) member.

King William Street, Adelaide

www.adelaidefestivalcentre.com.au

Adelaide Symphony Orchestra, Grainger Studio

Internationally acclaimed for vitality and versatility. You can attend concerts with a student [Live Pass](#) membership. Young musicians can rehearse side-by-side with ASO musicians in the [Big Rehearsals](#) sessions.

91 Hindley Street, Adelaide

www.aso.com.au

On the water

Popeye

See Adelaide from the Torrens. You can cruise down the river on a Popeye heritage cruise or journey under your own steam on the iconic paddleboats.

Elder Park landing, Adelaide

www.thepopeye.com.au

Temptation Sailing

For an unforgettable experience, you can swim with the dolphins or take a twilight cruise on Temptation, a 58-foot sailing catamaran.

Holdfast Shores Marina, Glenelg

www.dolphinboat.com.au

Adelaide attractions



Adelaide's favourite attractions

Adelaide Oval

Support your favourite sporting team, take a tour behind the scenes or book a [RoofClimb](#) for a unique view of the city.

War Memorial Drive, North Adelaide

www.adelaideoval.com.au

Adelaide Zoos

Visit over 250 species of exotic and native mammals, birds, reptiles and more, right in the heart of Adelaide. And for a day-trip adventure take a drive to [Monarto Zoo](#), the largest open-range zoo in the world.

Frome Road and Plane Tree Drive, Adelaide

www.adelaidezoo.com.au

Cleland Wildlife Park

Cuddle a koala, feed a kangaroo and discover Australia's unique wildlife and habitats at Cleland, just a 20-minute drive from the city centre.

365 Mount Lofty Summit Road, Crafrers

www.clelandwildlifepark.sa.gov.au

Haigh's Chocolates Visitor Centre

Take a sweet sneak-peek behind the scenes at Adelaide's iconic Haigh's chocolate factory and visitor centre.

FREE tour (bookings essential)

154 Greenhill Road, Parkside

www.haighschocolates.com.au

National Wine Centre of Australia

Discover the fascinating world of wine when you explore the interactive Wine Discovery Journey, followed by a taste of fine South Australian wines.

Corner of Botanic and Hackney Roads, Adelaide

www.wineaustralia.com.au



Nightlife



A night on the town with friends is a fun way to wind down after a long week of study. Adelaide is home to a range of funky night spots from small hole-in-the-wall wine bars to large clubs.

Safety and the law

Before you head out, here are some tips for a safe night out.

- The **legal drinking age** in Australia is **18 years old**. You will need ID to buy alcohol and enter licensed venues
- Some venues charge a **cover charge**, which is an entrance fee to the venue (usually between \$5 and \$20)
- Adelaide is pretty relaxed, but some venues enforce a **dress code**. This may mean you can't wear hats, thongs (flip-flops), sneakers, singlets or sports and active wear
- **Drink-driving laws** are strictly enforced in South Australia with serious penalties for offenders. The legal blood alcohol limit is usually below 0.05. However, for provisional and restricted drivers, the limit can be 0.00.

Plan ahead: Take your proof of ID and decide how you are going to get there and get home. If someone is driving, be sure to have a designated driver in your group who can get everyone home safely.

Hidden gems

Mother Vine: for the perfect spot for wine and tapas, tucked just off Rundle Street.

22-26 Vardon Avenue, Adelaide

Pink Moon Saloon: for fantastic food and wine in a bar that looks like a tiny ski lodge in the middle of Adelaide.

21 Leigh Street, Adelaide

Proof: for top-notch service and an upstairs outdoor deck.

9a Anster Street, Adelaide

Dance clubs

Distill: for a heaving dance floor, a killer cocktail list and a mix of modern and old-school music.

286 Rundle Street, Adelaide

HQ: for HQ Saturdays – Australia's most awarded club night.

149 Hindley Street, Adelaide

Rocket Bar & Rooftop: for an unpretentious crowd, interstate DJs and a large rooftop cocktail garden.

142 Hindley Street, Adelaide



Nightlife lingo

A few phrases and sayings to help you navigate your night out.

Word	Meaning
Happy hour	A cocktail hour when drinks are served at a reduced price.
Ladies' night	May include no cover charge for women or reduced prices on drinks.
Your shout or Your round	They expect you to pay for the next round of drinks.
My shout	You're offering to pay for the next round of drinks.
Schooner	A small glass of beer, usually 255ml.
Pint	A large glass of beer, usually 425ml.
Pub crawl	A night out when you go to a series of pubs or venues, one after the other.

Nightlife



LGBTQI friendly

Mary's Poppin: for an eccentric venue, incredible cocktails and drag shows every weekend.

5 Synagogue Place, Adelaide

OZ Nightclub: for highly entertaining drag shows, cheeky specials and an inner-city beer garden.

120 Gouger Street, Adelaide

The Libertine by Louis: for a French-inspired café bar that becomes the Noir Bar dessert lounge every Friday night.

137 Magill Road, Stepney

Karaoke

K Illusion: for private karaoke rooms where you and your friends can sing your hearts out.

84 Hindley Street, Adelaide

La Sing: for a fantastic atmosphere and a fun night out (what happens at La Sing stays at La Sing).

261 Gouger Street, Adelaide

Live music

Grace Emily: for friendly people in a quirky little pub with live music most nights.

232 Waymouth Street, Adelaide

The Gov: for Adelaide's best known and loved live music venue.

59 Port Road, Hindmarsh

Pubs

Gilbert Street Hotel: for a small pub with a big personality, a tempting menu and a year-round beer garden.

88 Gilbert Street, Adelaide

The Austral: for people watching on Rundle Street and friendly service with a smile.

205 Rundle Street, Adelaide

The Edinburgh Castle: for tasty food at tasty prices right in the west end of town.

233 Currie Street, Adelaide



Exploring South Australia



For an authentic Australian experience, it doesn't get much better than Adelaide and South Australia. Here are a few of the places you can explore in South Australia.

Peninsulas and coastline

If fishing is your thing, you can't beat the Yorke and Eyre Peninsulas for feasting on oysters, catching whiting and wandering along pristine sandy beaches. For an adrenaline-pumping experience, you can even dive with the sharks in Port Lincoln. Closer to Adelaide on the Fleurieu Peninsula a quick weekend getaway will give you time to explore the coastal towns of Victor Harbor, Port Elliot and Goolwa.

Adelaide Hills

In the gorgeous Adelaide Hills, you can get up close with Australian wildlife, take in the breathtaking views and visit Hahndorf, Australia's oldest German settlement where you can pick strawberries and dine on bratwurst, beer and pretzels.

Wine Country

With the world-renowned Barossa Valley and McLaren Vale within an hour's drive from Adelaide and the rolling countryside of the Clare Valley only a little further, you'll have some of the world's finest wine regions right at your doorstep.

Kangaroo Island

If there's one place you must visit while you're in South Australia, it's Kangaroo Island. It's only minutes from the mainland, but it feels a million miles away. Kangaroo Island is a sanctuary for wildlife and features rugged landscapes and pristine beaches.

Flinders Ranges and outback

For an authentic outback experience, you can hike Wilpena Pound in the Flinders Ranges, or take a scenic flight for a bird's-eye view of the 540 million-year-old landscape. After a big rainfall in the north, you might be lucky enough to see the iconic Kati Thanda-Lake Eyre fill with water. It's a magical transformation from arid saltpan to lush green wetland.

Murray River

Explore Adelaide's Murray River by houseboat for a tranquil getaway, in easy reach of the centre of Adelaide. If boating's not your thing, you can camp on the banks of the mighty Murray or book a cabin at a riverside caravan park.

More of Australia

Adelaide's central location makes it easy to city-hop as you explore Down Under. With short, direct and easy to access flights to Melbourne, Sydney, Perth and even Uluru, you'll be able to see more of Australia from Adelaide.



For more information on South Australian getaways, visit South Australia's tourism information website.



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